



VETERINARY HOSPITAL & HOTEL

9151 Ustick Road · Boise, ID 83704 · (208) 327-7706 · Fax (208) 327-0676 · www.catdr.com

## Grain free (low carbohydrate/high protein) Food Data Sheet

What should your cat eat for optimal health? The *more moisture your cat receives, the better*. If your cat loves canned food and you don't mind feeding it exclusively, it is currently thought to be the best option as it mimics their moisture requirement. Grain-free canned food is the lowest in carbohydrates. If your cat refuses to eat canned food, the grain free dry foods are still the best option nutritionally. Many cats will accept the dry food with some water added. It is imperative to have fresh water available at all times.

CANNED FOOD*		DRY FOOD	
Brand	kcal	Brand	kcal/cup
Before Grain ♦	*	Taste of the Wild	390
Best Feline Friend	*	Before Grain	406-409
Blue Buffalo Wilderness	*	California Natural Herring & Sweet Potato	418
California Natural Salmon & Sweet Potato	*	Natural Balance LID Diets	449-452
Evanger's	*	Indigo Moon	450
Innova Evo	*	Instinct	474-491
Instinct	*	Innova Evo (Weight Management)	481
Merrick Turducken	*	Felidae Grain Free	498
Natural Balance LID Diets	*	Innova Evo (Herring/Salmon)	530
Newman's Own Grain Free	*	Wellness Core	536
Pinnacle	*	Orijen	540
Wellness Core or Wellness Grain Free	*	Pinnacle	562
Weruva	*	Blue Buffalo Wilderness	587
		Innova Evo (Turkey/Chicken)	602

\* Most adult cats need about 200 calories (kcal) per 24 hours as maintenance for ideal weight. All canned foods range from 30-40 kcal per ounce with very little variance between brands. If your cat is eating exclusively canned food (no dry), the ideal amount is equal to one 5.5oz (tuna can size) can per 24-hour period.

♦ Some flavors of Before Grain canned are not balanced for exclusive long-term feeding.

**Locations for purchase:** (Not all brands available at all stores. Call first for details.)

**Boise Area**

*Boise Co-op*  
888 W Fort St.  
Boise, Id 83702  
208-472-4506

*Petco*  
179 N Milwaukee St.  
Boise, Id 83704  
208-375-7971

*Petco*  
3548 S. Findley Ave  
Boise, Id 83705  
508-344-1651

*Regal Beagle*  
118 E. 35<sup>th</sup> St.  
Boise, Id 83714  
208-345-1766

**Boise Area (con't)**

*Bark N Purr*  
618 E. Boise Ave.  
Boise, Id 83706  
208-344-2688

*Flynn's Saddle Shop*  
8633 W. State St.  
Boise, Id 83713  
208-853-4095

*Habitat*  
3082 S. Bowen Way  
Boise, Id 83706  
208-429-1818

*Zamzows*  
Various locations  
throughout the  
Treasure Valley

**Nampa/Caldwell**

*World of Nutrition*  
314 Caldwell Blvd.  
Nampa, Id 83651  
208-467-7505

*Farm/City Animal Supply*  
5520 Franklin  
Nampa, Id 83687  
208-318-0150

*Jackie's Livestock/Pet*  
21955 Middleton Rd.  
Caldwell, Id 83605  
208-585-6331

*Petco*  
16434 N. Market Pl.  
Nampa, Id 83651  
208-467-3249

**Star**

*Kringle's Korner*  
9888 W. State St  
Star, Id 83669  
208-286-9227

**Meridian/Eagle**

*H3 Pet Foods*  
1801 W. Cherry Ln.  
Meridian, Id 83642  
208-898-0008

*Northwest Pets*  
3060 E. State St.  
Eagle, Id 83616  
208-939-8119

When making a diet change, mix old food with new and gradually transition to new diet to prevent stomach upset.